

# 4

## Park Orchards Community House & Learning Centre



### Term 4, 2022 Courses & Activities



#### Sustainability Group \*NEW

This new group will inspire the community to live more sustainably. Gain tips you can implement at home to reduce waste and energy, share your ideas and learn from the community.

The group will meet twice a month, on the second and fourth Wednesday. There will be a guest speaker once a month, on the second Wednesday of the month. On the fourth Wednesday of the month, the group will meet to discuss the recent speaker, share ideas and learn more. We welcome people of all ages, experiences and backgrounds to join this group. Whether you have studied or worked in sustainability and have a wealth of knowledge to share, or if you are wanting to learn where to start your sustainability journey, we would love for you to join this group!

Join our first session - RSVP is essential, call, email or register online.  
Wednesday 12 October, 6:30pm - 8:00pm

FREE

#### Workshops

##### Pasta making

Learn how to make traditional Egg Pasta dough by hand! Use a pasta machine and hand techniques to make your own delicious linguine, fettuccine, spaghetti and pappardelle with Roberto from Pasta Reggio.

Saturday 29 October, 1:00pm - 3:00pm \$55

##### Sourdough Bread making

Be inspired to bake your own delicious sourdough bread with this easy method. Baking bread at home is nutritious and delicious!

Advanced - Saturday 29 October, 10:00am - 12:30pm \*NEW \$80  
Basic - Saturday 19 November, 10:00am - 12:30pm \$75

##### Cupcake Decorating

Decorate cupcakes using butter cream icing. Learn piping techniques and colour effects and arrange cupcakes into a bouquet. Perfect for any upcoming celebration, event or gift.

Friday 4 November, 6:30pm - 8:30pm \$70

##### Middle Eastern Cooking

Learn about the mouth watering flavours of Middle Eastern cuisine. Try recipes and cooking methods while preparing a delicious menu. You will be preparing a three course meal during these workshops.

Sunday 6 November, 10:30am - 1:30pm \$80

Sunday 4 December, 10:30am - 1:30pm \$80

##### Dumpling making

Learn the art of making Chinese dumplings by hand. The ultimate guide to make silky dough and vegetarian dumplings!

Friday 11 November, 6:00pm - 8:30pm \$75

##### French Patisserie

Learn the art of making traditional French pastries. You will cover making the dough, how to fold and roll the perfect pastries.

Friday 25 November, 6:30pm - 9:00pm \$75

#### Low cost Christmas gift ideas!

Believe it or not, Christmas is coming! Some of us may be looking for cost saving ideas this year. Below are a few workshops that could lead to some great home made gifts! Bring along a friend or family member and learn a new craft together.

##### Japanese Fabric Flower Jewellery \*NEW

Learn how to make clover flowers that never die. You'll learn fabric petal shaping, twisting and assembling into unique jewellery.

Wednesday 26 October, 7:00pm - 9:00pm \$70

##### Electrical Wire Jewellery \*NEW

Make jewellery using electrical wires collected from renovation sites. You can make a statement jewellery piece, be it a necklace, earrings, pendant or bracelet.

Saturday 5 November, 10:00am - 12pm \$70

##### Beginners Watercolour Landscapes

This workshop is perfect for beginners wanting to try out the exciting medium of watercolour painting. Learn about materials, colour mixing, and basic watercolour techniques, finishing the day with your own unique landscape painting.

Sunday, 27 November 10:00am - 3:30pm \$100

##### Gingerbread House

Fun to make, beautiful to look at, and delicious to eat. Learn piping and decorating techniques to assemble and decorate your own delicious gingerbread house. Come along with a friend!

Saturday 10 December, 10:00am - 11:30am \$65

##### Christmas Cookie Decorating

Learn icing piping techniques, tips and tricks to create unique festive decorated cookies. Great idea for delicious handmade gifts.

Friday 9 December, 6:30pm - 8:30pm \$65

# Learn Local - Pre-accredited Training



Learn Local courses offer excellent value for money and give you a chance to try out an industry before you commit to further study or work. The Learn Local (ACFE) Funded price is for those wanting to explore a new career, return to study, volunteer or to upskill, regardless of prior training. Fees listed are the funded price.

**Check our website for more details or contact us.**

## Introduction to Floristry - 22VOC181005

Turn your love of flowers and design into an exciting career or rewarding hobby. Learn wrapping, tying, arranging and other techniques to create many gorgeous designs, such as hand tied posies, gift boxes, corsages, and arrangements for special occasions. Note: this course attracts an additional cost in purchasing your own flowers of around \$15 - \$20 per week.

Wednesday 12 Oct - 30 Nov, 10:00am - 12:00pm, 8 weeks \$125  
Concession \$50

## Level 1 Floristry - 22VOC181013

Further develop your Floristry skills and techniques. Create draping arrangements, bouquets for weddings and other advanced floral designs. Note: this course attracts an additional cost in purchasing your own flowers of around \$15 - \$20 per week.

Wednesday 12 Oct - 30 Nov, 1:00pm - 3:00pm, 8 weeks \$125  
Concession \$50



## All Abilities - Creative Stories - 22DLE0181001

Enhance communication and team building skills whilst having fun and getting creative. The supportive environment of this class is suited to those of all abilities and support workers are welcome. Students can write stories, create a magazine, calendar, movie and more. Classes run in school terms. Complimentary trial class available.

Friday 7 October - 16 December, 9:30am - 12:00pm \$75 per term

## All Abilities - Creative Art - 22VOC181002

Enhance and learn new skills in a fun and friendly group. This class is suited to those who wish to find self-expression through art. The supportive environment of this class is suited to those of all abilities and support workers are welcome. Use a variety of mediums and styles to create artworks including watercolour, acrylic painting, clay, mosaic, crochet, knitting and sewing. Materials included. Classes run in school terms. Complimentary trial class available.

Friday 7 October - 16 December, 12:45pm - 2:45pm \$100 per term



Park Orchards Community House & learning Centre Inc.  
9876 4381

## Introduction to Bookkeeping - 22VOC181007

Learn bookkeeping essentials for small and medium sized businesses. Understand the rules of debits and credits (double entry accounting) financial statements, cash and accrual methods, stock control, journal entries, the GST, BAS returns and more. Learn essential pre-requisites for accounting packages. This course comes with a comprehensive take home manual valued at \$40.

Monday 10 October - 5 December, 9:00am - 11:45am, 8 weeks \$135  
Concession \$90

## Introduction to MYOB - 22DSEO181012

Learn how to use this popular accounting package. This comprehensive course is suited to administration assistants, small business owners, contractors or people wanting to start their own business. Our highly qualified and enthusiastic trainer Anne will provide you with a good working knowledge of MYOB to assist you to manage your accounts for small business. Includes a comprehensive manual and USB with software valued at \$55.

Monday 10 October - 5 December, 12:15pm - 3:00pm, 8 weeks \$150  
Concession \$105



## Microsoft Office Skills - 22DLE0181016

Develop your understanding and build confidence working with Word, Excel and Power Point in this affordable short course! Ideal for anyone looking for, or returning to work. As so many of us are now working online, the final session will cover cybersecurity and staying safe on the Internet.

Tuesday 18 October - 13 December, 9:30am - 11:30am, 8 weeks \$95  
Concession \$45

## Introduction to Computers - 22DLE2181010

Our experience tutor, Kevin, will support you to develop skills and gain confidence using a computer. Topics covered include navigating a computer, using the internet, sending emails, introductions to other helpful tools on your computer and staying safe online. Useful skills used for work, study or volunteering.

Thursday 20 October - 8 December, 9:30am - 12:00pm, 8 weeks \$95  
Concession \$45



www.parkorchards.org.au  
enrol@parkorchards.org.au

## Nature in Art

Learn how to produce realistic plants, native animals, insects and birds, as seen in the Park Orchards mural, with our experienced and well renowned artists.



### Terry Napier

Terry has been teaching and sharing his talent for over 25 years. Natural History watercolour painting is a realistic, scientifically correct style.

Monday 7:00pm – 9:30pm	
10 October - 5 December, 8 weeks	\$240
Tuesday 9:30am – 12:00pm	
11 October - 6 December, 8 weeks	\$240
Tuesday 1:00pm-3:30pm	
11 October - 6 December, 8 weeks	\$240

### Marta Salamon

Be guided to create wonderful art using a mixture of watercolours, pencils and gouache with Marta who has been specialising in botanical art for over 20 years.

Friday 1:30pm - 4:00pm	
14 October - 2 December, 8 weeks	\$210

### Peta Harrington

Learn the techniques to produce realistic Natural History watercolour paintings. This class is suitable for those with some experience, or complete beginners.

Wednesday 9:30am – 12:00pm	
12 October - 30 November, 8 weeks	\$210
Friday 9:30am – 12:00pm	
14 October - 2 December, 8 weeks	\$210

## Languages

### Mandarin for Beginners

This Mandarin course is designed for those who like to travel and need basic Mandarin skills. Learn practical conversation and simple Chinese writing in the most spoken language in the world!

Thursday 6:00pm – 7:30pm	
20 October - 8 December, 8 weeks	\$200

### Conversational French

We have different levels of classes depending on your experience and ability. Begin with simple conversation and writing skills to develop a basic understanding of the language. As you progress you will learn new structures and vocabulary around different topics. This will extend your range of expression, advance your listening, speaking, reading and writing skills and gain further confidence in your language use.

Beginners	
Sunday 5:30pm - 7:30pm	
16 October - 11 December, 8 weeks	\$200
French Level 1 & 2	
Monday 7:30pm – 9:00pm	
10 October - 5 December, 8 weeks	\$200

## Craft

### Crochet

Once you learn the basics of crochet you can make just about anything! Our tutor Beth will help you learn and develop the skills and techniques to create beautiful pieces. Beth has been crocheting since she was 10 and she is very passionate about craft, crochet in particular. No experience is necessary. The class size is kept to a maximum of 6 participants so you will get lots of one on one attention Those with experience will be able to refine their skills and learn new techniques.

Wednesday 7:00pm - 9:00pm	
12 October - 16 November, 6 weeks	\$150
Thursday 10:00am - 12:00pm	
13 October - 17 November, 6 weeks	\$150

### Crochet - workshop

This popular craft is very versatile, once you learn the basics you can make just about anything! Learn how to make a granny square and then continue to make your own festive table runner, scarf or blanket! This workshop is ideal for beginners wanting to try crochet.

Saturday 10:00am - 1:00pm	
27 November	\$55



### Amigurumi Toy Making \*NEW

Learn how to make amigurumi style toys. 'Amigurumi' is a Japanese term used to describe a particular type of very appealing 'softie'. This is not a beginner's crochet class. As a prerequisite, you will need to be reasonably proficient in basic crochet stitches, such as; chain, double crochet, increase, and decrease. This course will help you with deciphering amigurumi patterns, teaching you a variety of construction techniques, how to make appealing faces for the toys, as well as giving you the self-confidence to adapt patterns and create your own designs.

You may have seen these for at the local Park Orchards Market. A group of people generously make these toys to sell and raise money for cancer research.

Tuesday 7:00pm - 9:00pm	
11 October - 6 December, 8 weeks	\$120



## Tutoring

Gain confidence and reach your best potential in our supportive small group tutoring environment with our fantastic tutor, Jacob.

These tutorials are designed around individual concerns, needs and developmental goals. Be guided in activities to help you develop your skills and meet your learning objectives.

Jacob specialises in making mathematics and science approachable and exciting with a heavy focus on the practical applications of maths. Jacob specialises in VCE Chemistry and Biology and Maths of all levels.

### Maths Years 5-6

Tuesday 4:00pm - 4:50pm	
4 October - 22 November, 7 weeks	\$175

### Maths & Science Years 7-9

Tuesday 5:00pm - 5:50pm	
4 October - 22 November, 7 weeks	\$175

### Maths & Science Years 10-12

Learn how to exceed in maths, biology and chemistry with study skills and exam strategies.

Tuesday 6:00pm - 6:50pm	
4 October - 8 November, 5 weeks	\$125



## Guitar

Always wanted to learn guitar? Bring out your inner musician with expert guidance from Kevin Blaze. Play songs from the very first class. Individual and group lessons available. Lessons are generally on Mondays or Tuesdays but can be arranged to suit you.

One-on-one lessons are \$30 for 30 minutes. Small group lessons are \$30 for 45 minutes (available if you are able to work with someone at the same level). Online classes also available.

Monday between 3:30pm - 6:00pm	
3 October - 12 December, 8 weeks	\$240
Tuesday between 3:30pm - 6:00pm	
4 October - 13 December, 9 weeks	\$270
Trial class	\$30



# Health and Fitness

Regular group exercise has been shown to improve not only your physical health but your emotional health. So what are you waiting for? Try a free class today! Our classes, located at Warrandyte South Hall, are suitable for all levels and are run by experienced instructors. **We welcome you to attend one free class as a trial, call or email us to learn more!**

## Stay Fit/Live Fit Allan \*NEW

A fitness class for our 60+ community.

Combine strength, fitness and balance training while making friends and having fun.

The class will involve resistance exercises, while developing self-confidence, flexibility and cardio health.

Tuesday 1:00pm - 2:00pm

4 October - 6 December, 8 weeks \$80

## Belly Dance with Pamela

This is a low impact class, suitable for all ages. You will learn basic Belly Dance moves to hypnotic and invigorating beats from the Middle East. Increase your energy, improve your metabolism, tone your body, increase fitness and stamina levels, plus so much more. Most of all, it will leave you smiling!

Tuesday 7:00pm - 8:00pm

4 October - 13 December, 10 weeks \$150

## Strength with Marleina

Enhance your fitness and wellbeing by improving your strength, so everyday tasks become easier. Marleina will inspire you with a variety of different exercises designed to get you moving, with a focus on developing core strength and stability.

Monday 9:15am - 10:15am

3 October - 12 December, 10 weeks \$150

Wednesday 10:30am - 11:30am

5 October - 7 December, 10 weeks \$150

## Move & Tone with Marleina

Join Marleina to move and tone your body! This class focuses on glutes/hips, core and cardio to improve your hip mobility, core strength and cardiovascular fitness. By incorporating bodyweight as well as free weight exercises, you will feel energised and stronger in everyday activities.

Monday 10:30am - 11:30am

3 October - 12 December, 10 weeks \$150

## Pilates with ST

Pilates is a low-impact total body exercise focusing on flexibility, muscular strength and endurance. Build core strength to promote better posture, muscle control and work on your flexibility within the body. No prior experience is needed as modifications are offered during the class to meet all student's abilities.

Thursday 5:10pm - 6:10pm

6 October - 8 December, 10 weeks \$150

Saturday 9:15am - 10:15am

8 October - 10 December, 9 weeks \$135

## Nia Dance with Sabine

Nia Dance and Movement is a practice inspired by martial arts, dance and healing arts. Nia is a transformational movement practice anchored in body-centred awareness. This unique blend allows the body to move in fun and free ways that brings health and vitality. Improve fitness, conditioning, healing of body, mind, spirit and emotions. Nia classes are full of joy and suitable for everybody, no experience necessary.

Saturday 10:30am - 11:30am

8 October - 10 December, 9 weeks \$135

## Tai Chi with Connie

Tai Chi is a form of exercise that uses slow, smooth body movements to relax both body and mind to help reduce stress and anxiety. Each posture flows smoothly into the next ensuring your body is in constant motion.

Beginners

Thursday 9:15am - 10:15am

6 October - 8 December, 10 weeks \$150

Level 1

Thursday 10:30am - 11:30am

6 October - 8 December, 10 weeks \$150

## Yoga with Kate

These classes with Kate include a combination of flowing and static poses to assist in building strength and flexibility. You will be encouraged to work at your own pace and all sessions include breathing, relaxation and mindfulness techniques.

Friday 9:15am - 10:15am

7 October - 9 December, 10 weeks \$150

## Gentle Yoga with Kate

Focus on gentle movement, breathing, relaxation and mindfulness. This small group is perfect for those with existing injuries who may need extra assistance.

Friday 10:30am - 11:30am

7 October - 9 December, 10 weeks \$150

## Yoga with Virginia

Increase your health and wellbeing with this gentle, relaxing yoga practice suitable for all ages and levels of fitness. This class is a great way to start your day, leaving you feeling more relaxed and uplifted.

Wednesday 9:15am - 10:15am

5 October - 7 December, 10 weeks \$150

## Yoga and Relaxation with Reika

Increase your health and wellbeing with this gentle, relaxing yoga practice suitable for all ages and levels of fitness.

This class is a great way to finish your day, leaving you feeling relaxed and uplifted.

Wednesday 6:30pm - 7:30pm

5 October - 7 December, 10 weeks \$150

## Yoga and Mindfulness with Tahlia

Yoga and mindfulness helps to improve focus and self-awareness. In these classes you will practice Hatha Yoga which involves exploration of breath, postures and meditation to reduce stress and anxiety. This wonderful, inclusive class with Tahlia is suitable for all levels and abilities.

Monday 5:15pm - 6:15pm

3 October - 12 December, 10 weeks \$150

## Yoga with Tori

Yoga is a life long practice which can help reduce stress and anxiety. It works to bring you into the present moment through breath awareness, meditation and physical postures. It is empowering and can be transforming. Yoga with Tori is a safe, inclusive and encouraging class for all levels of ability.

Tuesday 10:30am - 11:30am

4 October - 13 December, 10 weeks \$150

# Free Clubs and Groups

We have a wonderful variety of FREE clubs and groups facilitated by volunteers. New participants are always welcome.

## Book Club

Meet new people and discuss your favourite books in this relaxed environment.

First Monday 7:30pm - 9:00pm (monthly)

## Genealogy

Research and share knowledge about tracing your family tree.

First Saturday 2:00pm - 4:00pm (monthly)

## Library Afternoon

Make use of our wonderful library, come and have a cuppa, a chat and borrow a book.

Fridays 3:00pm - 4:00pm (fortnightly)



## Garden Lovers

Help keep our garden beautiful and meet other keen gardeners.

Tuesdays 10:00am - 11:30am (weekly)

## Social Walking Group

Walk to new and interesting places and then enjoy lunch afterwards.

Third Thursday 9:30am - 1:30pm (monthly)

## Weekly Walkers

Meet for a local walk each week.

Tuesdays 9:00am - 10:00am (weekly)

## Photography

Share your love of photography with like minded people.

Third Thursday 7:00pm - 8:30pm (monthly)

# Enrolment

**www.parkorchards.org.au to enrol online, or call us on 9876 4381.**

Park Orchards Community House & Learning Centre Inc. (ABN: 18 790 057 404, INC: A0011092D) is a Registered Training Organisation (4008) and gratefully acknowledges funding support from:

Neighbourhood Houses Victoria



Manningham City Council



Adult Community & Further Education (ACFE)



Accredited Training is delivered with Victorian and Commonwealth Government Funding



Government Funded places will be offered to eligible applicants as indicated by the Department of Education and Training

[www.parkorchards.org.au](http://www.parkorchards.org.au)

# Vocational Education & Training

Our programs are led by highly experienced trainers who have extensive experience in training and industry. They understand the needs of adults, especially those who are returning to study. Our classes are face to face with small class sizes. Our fees are very competitively priced. You may be eligible for a government funded place or a concession fee. Contact us for eligibility criteria.

**Contact us or check our website [www.parkorchards.org.au](http://www.parkorchards.org.au) for the most up to date information, start dates and fees.**

## Certificate III in School Based Education Support CHC30221

Ever wanted to assist children in schools? Already volunteering at your child's school? As a qualified Education Support Worker, you can make a valuable contribution to children's development and support both teachers and children within the school environment. This Nationally Recognised Training is designed for people who seek employment as an Education Support Assistant, Support Worker (working with children with disabilities) or a Teacher's Aide.

*"The knowledge I gained not only has prepared me to be an education support officer but assisted me to be a better parent and better member of our diverse society"*

Commencing Dec 6 2022 and Feb 22 2023 (Mondays & Wednesdays)

## Certificate III in Early Childhood Education and Care CHC30121

Passionate about working with children in their early years? Study towards a career that transforms lives, inspires futures and makes a difference. Use your creative and communication skills in a rewarding early childhood position developing young minds. This Nationally recognised and accredited qualification enables you to work as an Early Childhood Educator, Kindergarten Assistant, Nanny or in Out of School Hours Care. This course develops your skills for a career in the Early Childhood Industry. It provides vital information about caring for and supporting the development of young children.

*"I thoroughly enjoyed the course. Thank you to the warm and caring trainers for all the support given during the course"*

Commencing Dec 6 2022 and Feb 14 2023 (Tuesdays & Thursdays)

## Diploma of Early Childhood Education and Care CHC50121

Early childhood education is a rewarding field, where you can play a fundamental role in developing a child's knowledge and personality. Great Early Childhood Educators can help set a child up for a life of success, wellbeing, and love of learning. This course will teach you about learning frameworks, health and wellbeing for children, leading educational work teams and more. It will give you the skills and knowledge you need and provide you with a satisfying career.

*"Dedicated Trainers, engaging classes and wonderful group of learners"*

Commencing Dec 6 2022 and Feb 10 2023 (Fridays)

## Certificate IV in Training & Assessment TAE40116

Ready to take the next step in your career? Becoming a qualified trainer is an exciting and meaningful career move. The Certificate IV in Training and Assessment is already considered a valuable qualification to many employers and organisations, and absolutely essential if you wish to become a trainer at a TAFE or Registered Training Organisation.

This qualification can help you take that next inspiring career move and assist you to train and pass on to others the valuable skills and knowledge you acquired across your lifetime!

*"I have to say that this has been the best supported learning opportunity I have ever undertaken."*

Commencing Dec 6 2022 and March 1 2023 (Mondays)

## First Aid

Learn skills to help save a life! This practical class will give you the knowledge and skills to provide a first aid response in an emergency. All training provided is in line with the Australian Resuscitation Council Guidelines.

HLTAID009 Provide cardiopulmonary resuscitation (CPR)	\$70
HLTAID011 Provide First Aid	\$140

Check website for dates



North Ringwood Community House Inc. (RTO 6434) offers the following nationally recognised qualifications:

Certificate IV in Disability CHC43115

Certificate III in Individual Support CHC33015

Diploma of Leisure and Health CHC53415

Certificate IV in Leisure & Health CHC43415

Visit [www.nrch.org.au](http://www.nrch.org.au) or phone 9876 3421



 Find us on Facebook

# Early Learning Centre

## Enrolling now for 2023!

At our wonderful centre, your child will be encouraged to explore their imagination, creativity and social skills in a warm, caring, multi-age, friendly environment that offers children a choice of indoor or outdoor play.

Our Early Learning Centre operates Monday to Friday, for children aged 0-6, during school terms. We also offer school holiday care.

We offer permanent and casual bookings. You pay for the care you use- no charges on public holidays or absences (where a minimum of 24 hours notice has been given.)



## Sessions and Fees

### Monday to Friday

9:00am - 1:00pm \$64.00

9:00am - 2:00pm \$80.00

9:00am - 3:30pm \$96.00

### Before and After Kinder Sessions

We offer a drop-off and pick-up service to Park Orchards Kinder.

Wednesday

9:00am - 1:00pm \$64.00 or 12:00pm - 3:30pm \$56.00

Friday

9:00am - 12:00pm \$48.00 or 11:30am - 3:30pm \$64.00

Fees listed are before Child Care Subsidy (CCS) has been applied.

## Benefits of Multi-age Groups in Early Childhood

We have been offering childcare in a multi-age group setting for over 30 years and have found there are many benefits for the children and their families.

- Children in multi-age group settings have the opportunity to develop friendships and engage in learning with their peers from a range of ages and developmental ability.
- Children are provided opportunities to nurture and support younger children who may be having difficulties with a task and support them to achieve an end goal.
- At arrival times, it can be very comforting for a child to have the support of a sibling when their parent or guardian is saying goodbye. Whilst transitioning into childcare, it can be very beneficial to be in the same room as a sibling.
- Provides an opportunity for an older sibling to take on a leadership role. If they are settled and comfortable at the Centre, then they can be supportive of their younger sibling or friend, helping them with settling into the educational program for the day.
- Our Educators follow children's interests and set the educational program based on the children attending. We provide opportunities for each child to participate and further develop their skill set for each task in which they participate.
- Develop further social cohesion and being comfortable and supported with being in a familiar environment over an extended period of time.

## Grandparents Day

It's a special occasion on 30th October that celebrates Grandparents, grand-friends, relatives, and those who generally take on the role of a Grandparent within their family or community. It's a beautiful time to celebrate those older members of the family for all that they do. And they do so much! Grandparents Day gives us a chance to make a special effort in letting our older relatives know just how much they mean to us. Whether we do that by organising or taking part in a celebration or just catching up with a relative for a treat and a chat. It's that moment to take a pause and give thanks for the contributions these wonderful family members make to our lives, our families, and our communities.

## Diwali Festival of Lights

The Hindu religious day of Diwali, on 24th October, also called Deepavali or the "Festival of Lights" is one of the most popular dates on the Hindu calendar. Diwali symbolises the spiritual victory of light over darkness, and takes place each year after the harvest and to coincide with the new moon.



## Aussie Backyard Bird Count

The Aussie Backyard Bird Count is a great way to connect with the birds in your backyard no matter where your backyard happens to be — a suburban backyard, a local park, a patch of forest, down by the beach, or the main street of town.

You can count as many times as you like over the week of 17th to 23rd of October, we just ask that each count is completed over a 20-minute period.

The data collected assists BirdLife Australia in understanding more about the birds that live where people live.

You can record your bird count via a webform, or using the Aussie Bird Count app.

Find our more at <https://aussiebirdcount.org.au/>



9876 4381

572 Park Road  
Park Orchards 3114